## F@(1) AID

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| Day | Time | Service | Location | Referral Method | Criteria/Cost |
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| Monday |  |  |  |  |  |
|  | 10am-12pm | Castle Hill | Northampton Town Centre | Self referral/School | Short-term financial need |
|  | 10.30am-12.30pm | Daventry Food Bank | Daventry | Professional | Financial Crisis. 5 per year |
|  | 11.30am-1.30pm | Hope Centre Meals | Northampton Town Centre | No Referral -turn up | Homeless/NFA |
|  | 12-3pm | Shine Food Bank | Northampton Town Centre | Self Referral | Financial Crisis |
|  | 12-2pm | Northampton Food Bank @ Spinney Hill | Spinney Hill, Northampton | Professional | Financial Crisis. 5 per year. |
|  | 1-3pm | Weston Favell Food Bank | Weston Favell, Northampton | Professional | Financial Crisis. 3 per year |
|  | 1.30-2.15pm | Roade Community Larder | Roade | Access to all | No Criteria. £10 Subscription, £5 p/w |
|  | 4-7pm | McCarthy Dixon Food Larder @ Swan \& Helmet | Northampton Town Centre | No Referral -turn up | $£ 5$ per 8 items |
|  | By Arrangement | Springs Family Centre (SFC) | Spring Boroughs | Self/Professional | Working with SFC |
| Tuesday | 9am-11am | 4 U Community Cafe, Kingsthorpe | Kingsthorpe, Northampton | Self/Professional | Short-term financial need |
|  | 11.30am-1.30pm | Northampton Food Bank @ Re:store Northampton | Northampton Town Centre | Professional | Financial Crisis. 5 per year. |
|  | 11.30am-1.30pm | Hope Centre Meals | Northampton Town Centre | No Referral -turn up | Homeless/NFA |
|  | 12-2pm | Towcester Food Bank | Towcester | Self/Professional | Financial Crisis. |
|  | 2-3pm \& 6-7pm | Woodford Halse Community Larder | Woodford Halse | Access to all | No Criteria. £10 Subscription, £5 p/w |
|  | 4-7pm | McCarthy Dixon Food Larder @ Swan \& Helmet | Northampton Town Centre | No Referral -turn up | $£ 5$ per 8 items |
| Wednesday | 10am-1pm | Weston Favell Food Bank | Weston Favell, Northampton | Professional | Financial Crisis. 3 per year |
|  | 10am-11am | Hope Food Club @ Kings Heath | Kings Heath, Northampton | Pre-Registration Required | Low income. Cost £10pcm |
|  | 10.30am-12.30pm | Daventry Food Bank | Daventry | Professional | Financial Crisis. 5 per year |
|  | 11am-1pm | Dostiyo Community Fridge | Northampton Town Centre | Access to all | No Criteria |
|  | 11.30am-1.30pm | Hope Centre Meals | Northampton Town Centre | No Referral -turn up | Homeless/NFA |
|  | 12-1pm | Hope Food Club @ Spring Boroughs | Northampton Town Centre | Pre-Registration Required | Low income. Cost £10pcm |
|  | 12-2pm | Northampton Food Bank @ Briar Hill | Briar Hill, Northampton | Professional | Financial Crisis. 5 per year. |
|  | 1.30-2.30pm | Daventry Community Larder | Daventry | Access to all | No Criteria. £10 Subscription, £5 p/w |
|  | 2.30pm-4pm | Bugbrooke Community Cafe | Bugbrooke | Self referral/School | Short-term financial need |
|  | 4.15-6pm | Towcester Community Larder | Towcester | Access to all | No Criteria. £10 Subscription, £5 p/w |
|  | 4.30-5.15pm | Brixworth Community Larder | Brixworth | Access to all | No Criteria. £10 Subscription, £5 p/w |

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| Day | Time | Service | Location | Referral Method | Criteria/Cost |
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|  | 5.30-6.15pm | Moulton Community Larder | Moulton | Access to all | No Criteria. £10 Subscription, £5 p/w |
|  | 4-7pm | McCarthy Dixon Food Larder @ Swan \& Helmet | Northampton Town Centre | No Referral -turn up | £5 per 8 items |
|  | By Arrangement | Springs Family Centre (SFC) | Spring Boroughs | Self/Professional | Working with SFC |
| Thursday | 10am-11.30am | Towcester Community Larder | Towcester | Access to all | No Criteria. £10 Subscription, £5 p/w |
|  | 11.30am-1.30pm | Hope Centre Meals | Northampton Town Centre | No Referral -turn up | Homeless/NFA |
|  | 11am-1pm | Dostiyo Community Fridge | Northampton Town Centre | Access to all | No Criteria |
|  | 12-3pm | Shine Food Bank | Northampton Town Centre | Self Referral | Financial Crisis |
|  | 12.30-2.30pm | Northampton Food Bank @ Far Cotton Food Aid | Far Cotton, Northampton | Professional | Financial Crisis. 5 per year. |
|  | 4-7pm | McCarthy Dixon Food Larder @ Swan \& Helmet | Northampton Town Centre | No Referral -turn up | $£ 5$ per 8 items |
| Friday | 9am-12pm | Northampton Food Bank @ St Albans, Eastfield | Eastfield, Northampton | Professional | Financial Crisis. 5 per year. |
|  | 10am-11am | Hope Food Club @ Blackthorn | Blackthorn, Northampton | Pre-Registration Required | Low income. Cost £10pcm |
|  | 10am-12pm | Castle Hill | Northampton Town Centre | Self referral/School | Short-term financial need |
|  | 10am-12pm | Weston Favell Food Bank | Weston Favell, Northampton | Professional | Financial Crisis. 3 per year |
|  | 10.30am-12.30pm | Towcester Food Bank | Towcester | Self/Professional | Financial Crisis. |
|  | 10.30am-12.30pm | Daventry Food Bank | Daventry | Professional | Financial Crisis. 5 per year |
|  | 11.30am-1.30pm | Hope Centre Meals | Northampton Town Centre | No Referral -turn up | Homeless/NFA |
|  | 12-1pm | Hope Food Club @ Lings | Lints, Northampton | Pre-Registration Required | Low income. Cost £10pcm |
|  | 2-3pm | Holy Ghost Zone Food Bank | Northampton Town Centre | Self Referral | Financial Crisis |
|  | 2.30pm-4pm | Bugbrooke Community Cafe | Bugbrooke | Self referral/School | Short-term financial need |
|  | 4-6pm | Afribank Zimwomen (food | Northampton Town Centre | Self/Professional | Short-term financial need |
|  | 4-7pm | McCarthy Dixon Food Larder @ Swan \& Helmet | Northampton Town Centre | No Referral -turn up | $£ 5$ per 8 items |
| Saturday | 9am-11am | 4U Community Cafe, Kingsthorpe | Kingsthorpe, Northampton | Self/Professional | Short-term financial need |
|  | 10am-12pm | Northampton Food Bank @ Duston URC | Duston, Northampton | Professional | Financial Crisis. 5 per year. |
|  | 11am-1pm | United African Association | Northampton Town Centre | Self/Professional | African Food |
|  | 11.30am-1.30pm | Hope Centre Meals | Northampton Town Centre | No Referral -turn up | Homeless/NFA |
|  | 12-2pm | McCarthy Dixon Food Larder @ Swan \& Helmet | Northampton Town Centre | No Referral -turn up | $£ 5$ per 8 items |
|  | By Arrangement | Springs Family Centre (SFC) | Spring Boroughs | Self/Professional | Working with SFC |
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| Day | Time | Service | Location | Referral Method | Criteria/Cost |
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| Sunday | 12-2pm | McCarthy Dixon Food Larder <br> @ Swan \& Helmet | Northampton Town Centre | No Referral -turn up | £5 per 8 items |
| Various <br> Days | By Arrangement | Impact Now | Northampton | Self/Professional | Short-term financial need |
|  |  | SCCYC (food aid \& other <br> help) | Northampton | Self Referral | Short-term financial need |
|  | RBN \& MLSS (food aid) | Northampton | No Referral -turn up | Short-term financial need |  |

